

HC NEWSLETTER

- HONOURS COLLEGE PUBLICATION -



NEWS & FEATURES

2022/2023 2nd semester

HC events and seminars

- Events organized by HC
Page 1-3
- Events organized by HCSA
Page 4-8
- Events organized by HCAA
Page 9-10

Preview of 2023/2024 1st Semester

HC Events & Seminar

Page 11

HC Promotion Month &

HC Alumni Mentorship Programme

Page 12

HC Volunteer Programme (HVP)

- Student sharing
Page 13
- Student sharing
Page 14

HCer's Stories

Page 15-16

BE
EMPATHETIC,
LEADING,
INTERCULTURAL,
TRUSTWORTHY,
ETHICAL #



澳門大學
UNIVERSIDADE DE MACAU
UNIVERSITY OF MACAU



榮譽學院
Colégio de Honra
Honours College

2022/2023 2nd Semester Event & Seminar

-Feb 6 & 21, Apr 26 & 27, 2023

ORGANISED BY UM HC

AFTERNOON BREAK WITH HCERS



"Afternoon Break with HCers" is a regular gathering for HC Faculty and RC members to have chats on any topics not only about school or work, but also news, hobbies, movies or even family. It is hoped that the students would share their interests with each other in a relaxed ambiance after the morning classes or work. This semester, "Afternoon Break with HCers" was host by Prof. Anna VONG (FBA), Dr. Kevin HUANG (CKLC), Prof. Victoria LEI (FAH) and Prof. Hongjie ZHANG (FHS).



DEAN'S VISIT TO THE UK

by Prof. Rose LAI

-Apr~May, 2023

In order to explore more exchange or study-abroad opportunities for students in different majors and faculties, Prof. Rose Neng LAI visited two U.K. partner universities and some potential partner universities in April 2023, including University of Bristol, Queen Mary University of London, University of Bath, University of Surrey, Imperial College and University of Cambridge.



// Prof. Rose LAI meeting with HC students studying abroad at the University of Bristol and Queen Mary University of London



GRADUATES GATHERING

ORGANISED BY UM HC

-May 19, 2023



// Student signing and leaving message on the backdrop of the event



// Prof. Rose LAI delivering opening speech to all the participants



// Students passing on the blessings to the graduates



// Winners of the games being awarded HC souvenirs as gifts



// Honours College Student Association (HCSA) and HC Graduation Bear (L: Current batch of HCSA, R: HCSA of AY2021/2022)



CHINA STUDY TRIP TO NANJING

-May 21-25, 2023

HC China Study Trip resumes in 2023 after the Pandemic. With the great support of Hong Kong And Macao Affairs Office Of The State Council (國務院港澳事務辦公室) and invited by Liaison Office Of The Central People's Government In The Macao S.A.R. (中央人民政府駐澳門特別行政區聯絡辦公室), this year, Prof. Dennis WANG led a group of 27 HC students to Nanjing, Jiangsu province for a 5-day study trip. This trip provides a very precious opportunity for HC students to study and know more about the development of the economic, historical and cultural aspects of China. During the trip, students met with local leaders, interacted with University students, as well as visited state enterprises.



// Prof. Dennis WANG, leading a group of 27 students to Nanjing, Jiangsu province for a 5-day study trip



// The group visiting the John Rabe House, where are displayed photographs, files and historical materials of John Rabe, who saved innocent lives during the Nanjing Massacre



// Prof. Dennis WANG presenting HC crystal figurine to Ms. Yuhua ZHANG, Deputy Director of the Department Of Exchange & Cooperation Hong Kong And Macao Affairs Office Of The State Council



// Mr. Pak Fai LAO and Ms. Chi Ian CHEANG, leaders of the group, introducing Honours College to the students of Nanjing University



// HC Students interacting with the students of Nanjing University

ORGANISED BY Honours College Student Association

YOGA WORKSHOP

-Feb 22, 2023



In order to stay active and promote physical well-being, the Honours College Student Association (HCSA) held a Yoga workshop for HC students. The event was led by HC students who have extensive experiences in Dancing and Yoga.



EVENT OF PROMOTION MONTH SERIES

ORGANISED BY HCSA

LEADERSHIP CAMP

-Mar 18, 2023



The Leadership Camp provides an opportunity to foster closer relationship between HCSA and students through a series of games and performance. HC students have become more familiar with each other by joining the camp.

EVENT OF PROMOTION MONTH SERIES

ORGANISED BY HCSA

WORLDVISION TOTE BAG WORKSHOP

-Mar 22, 2023



To encourage the social awareness of students and help the poor and needy in the world, HCSA collaborated with World Vision to hold a 'Tote Bag Workshop'. Participants could express their thoughts on the social issues by drawing on the tote bag. Besides, donations were made to World Vision, for supporting their worldwide assisting projects.

World Vision

NEWS DISCUSSION FORUM

By Ms. Alice KOK

-Mar 30, 2023



Ms. Alice KOK, the president of the Macao Art for All society, was invited to be the distinguished guest speaker to share some ideas on the topic “Relational Aesthetic: The Art of Empathy”. During the activity, Ms. KOK gave a lecture on the art of relationship and bonding between people. It was a good opportunity for students to learn and consider about the essences of being a leader.

CPR & AED WORKSHOP

-Apr 1, 2023



澳門紅十字會
MACAU RED CROSS



Aiming at providing a precious opportunity to learn the practical life-saving skills, an experienced professional from Macau Red Cross was invited to conduct a ‘CPR & AED Workshop’ for the HC students. During the workshop, the instructor provided step-by-step guidance regarding the usage of automated external defibrillator (AED) as well as the procedure of cardiopulmonary resuscitation (CPR).

VISIT TO CAT'S PARADISE OF ANIMA

-Apr 15, 2023

To deliver the message of love and care to pets, HCSA held a visit to Cat's Paradise of Anima, which is an organization for stray cats. Aside from only interacting closely with pets, participants of this event also gained the opportunity to scoop cat litter, do laundry and assist in other cats caring works.

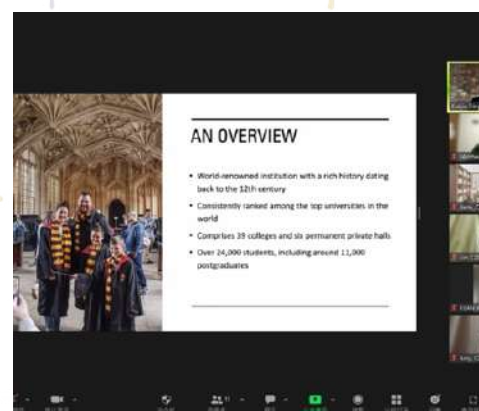
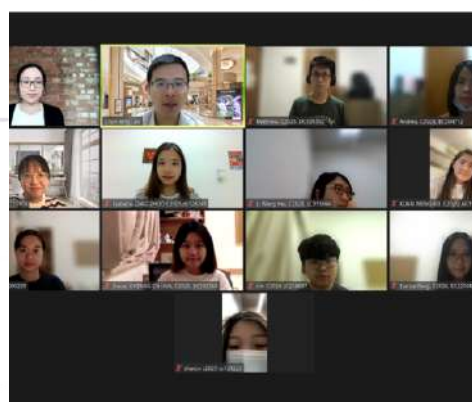


ORGANISED BY Honours College Alumni Association

ALUMNI SHARING

-Feb 15 & Apr 19, 2023

by Mr. James LAW and Ms. Xuejie DING

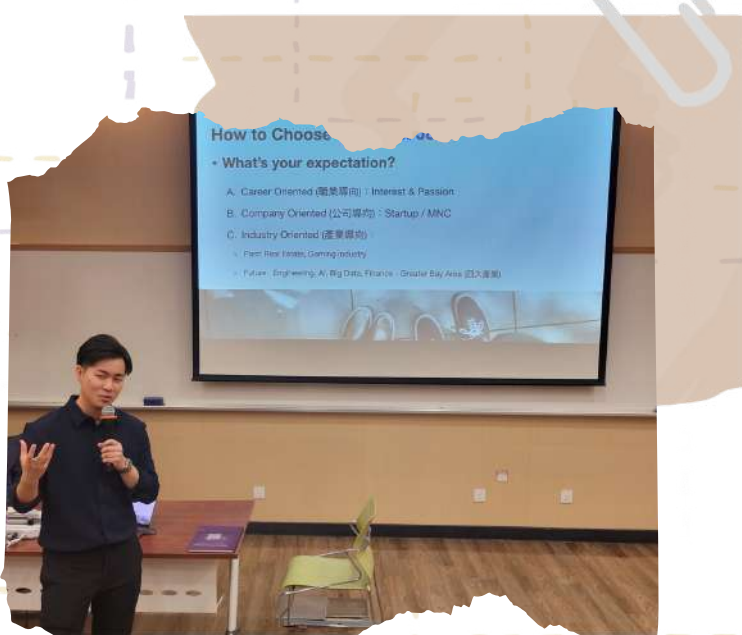


On February 15, Mr. James LAW, Honours College Alumni Association (HCAA) Chairman and also the General Manager of DFS Macau, gave a speech on "HCer Give & Take – Self Development Advices". Another Alumni Sharing was held on 19th April. Ms. Xuejie DING, who is the Postdoctoral Researcher, University of Oxford, shared the topic about "Exploring Academic: My Experience as an Early Career Research".

ORGANISED BY HCAA

WORKPLACE TALENT TRAINING WORKSHOP

-Apr 26, 2023



The training workshop was host by Mr. James LAW, HCAA Chairman and HCSA Founding President, and Mr. Cavin CHEONG, Marketing Director of “Jobscall.me”, a recruitment company in Macau. Topics of the workshop included how to choose the first job, interview skills and workplace etiquette, etc.

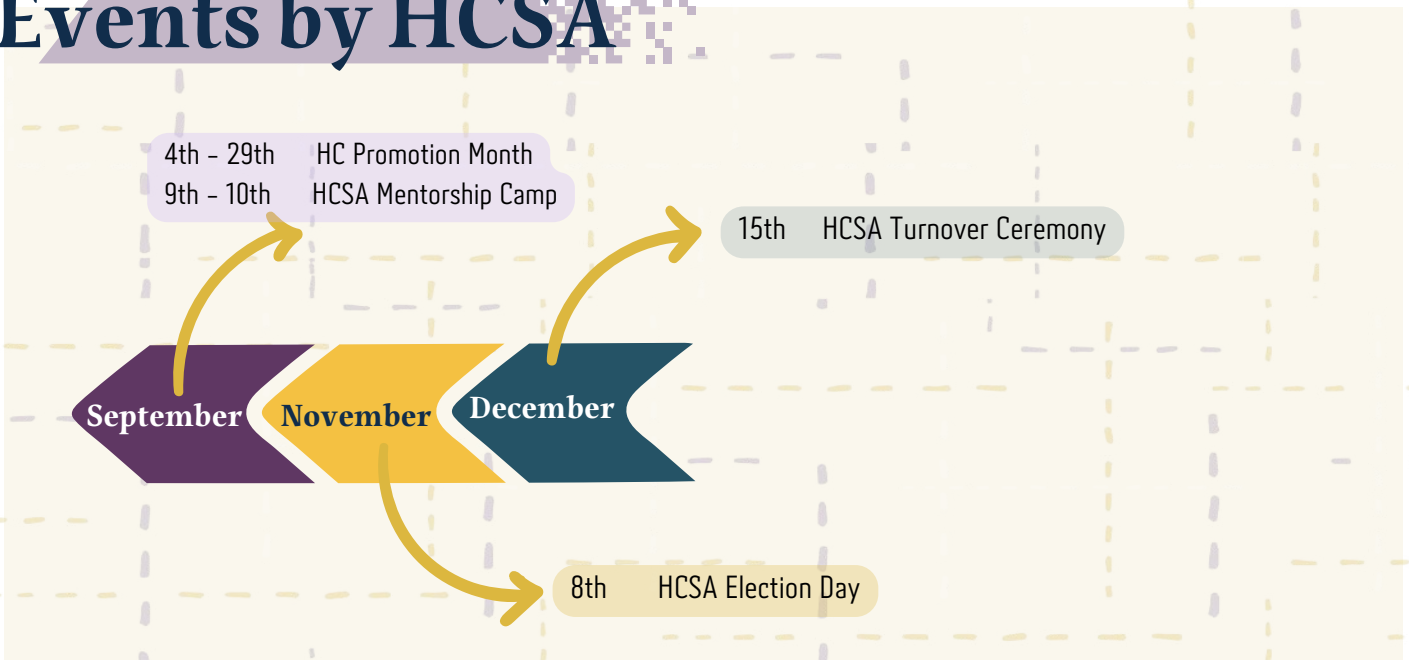
Preview of AY 2023/2024 1st Semester

HC Events & Seminar

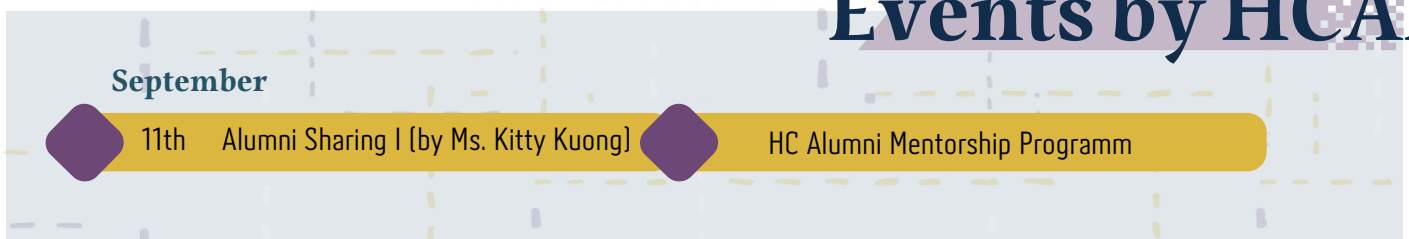
Events by HC



Events by HCSA



Events by HCAA



Promotion month

HONOURS COLLEGE PROMOTION MONTH

***HC Promotion Month : Sep 4th-29th**



HC Exhibition
Sep 4-29th
Venue: E6 G/F

Meet with HCers 2.0
Sep 6th 17:00-19:00
Grab the chance to meet our Dean and other HCers!

World Vision Workshop
(Community Service Activity)
Sep 20th 18:00-20:00

Consultation Booth in RC Dining Halls
Sep 4-19th
11:15 - 14:15



Escape Room!
3 sections
Sep 16th
S1: 13:00-14:00
S2: 15:00-16:00
S3: 17:00-18:00



Admission Curriculum

Scan for more information

*More information will be announced on individual posters.

Phone: (+853) 8822 8974
Email: HC.enquiry@um.edu.mo
Address: Room G023, GF Honours College, University of Macau, LZ.

September 9-10, 2023

Honours College

HCSA Mentorship Camp

FULLY SPONSORED

**HAVE INTERESTS IN HCSA?
JOIN THE CAMP TO FIND OUT MORE**

Registration



**LIMITED TO
YEAR 2 HC
Students ONLY!!**

*Successful participants of the activity will automatically be considered as a candidate for the HCSA Election on Nov 8, 2023!

Sharing from Student Volunteers of HC Volunteer Programme (HVP)

Le Huyen Trang, Gwyneth HC Class of 2026

The Honours College Volunteer Programme (HVP) in AY2022/2023 offered me an incredible opportunity to participate in a volunteer work that I had never done before. During the programme, the elders told me about their lifetime, like their personal experience, former career, and their favorites. I also listened to their suggestions on how to live a happy life.

Besides, we also had a training on how to feed the elders, serve them food, and deal with their requirements. By the end of the programme, we tried feeding the elders and serving the food to them. We learnt how to talk to them respectfully and patiently.

This volunteer program gave me many opportunities to reflect on myself. I am always cautious and shy to talk to the elderly because I am quite worried about the generation gap and judgment. However, the elders I met at Pou Tai Center were extremely friendly, approachable, and extremely open-minded. Listening to each person's life story, I realized that although they have different lives and difficulties, they are all happy and satisfied. One of the things that they impress me a lot is the satisfaction that they have lived a good life. However, it is inevitable that there are regrets, some feel regrets about health, learning or experiences. I received advice about trying to explore more, learn more, travel more, and enjoy life while still being healthy, because youth only come once in a lifetime. Some old people remind me about the importance of education. Through talking and collecting some stories from the elderly there, I feel their joy and vitality. The old people there feel rejuvenated and hear many new things from us - representatives of young people. I then realized that age in some ways reflects an entire generation, but sometimes it is just a number to describe physical differences, not mental differences.



Sharing from Student Volunteers of HC Volunteer Programme (HVP)

Deng Liyu, Jasmine HC Class of 2026

I have come across various tasks during my service hour at Pou Tai, for example chatting with the elderly, doing exercise with the elderly, playing some educational toys with the elderly. I acted as the listener, presenter as well as their friend. My obligation is to listen to their stories and share the world with them, ensure their safety when doing exercise, do exercise together with them to boost their incentive to move, and provide help when needed when playing educational toys. My objective of joining the HC Volunteer programme is to get to know more about the elderly, try my best to help them, which is also a kind of contribution to the whole society.

With the precious chance to chat with the elderly, I gained much experience from them. Some shared how they struggled for their life when they were young in order to make a living for their family. Some shared how they moved to other countries and lived there (like Vietnam, Burma). Some even encouraged me to study hard and learn more at my age. I was inspired by their lives, and I received a clear view of the world at their age. Some history events they mentioned in our talk were only seen in my textbook, however, the elderly were the ones that witnessed everything. This feeling was amazing!

This program is meaningful and educational. It is worth for the future HC students to join. It is a way to make a contribution to the society and wider one's own horizon at the same time. It could nurture students' concepts for giving care to the elderly that could build a harmonious environment.



HCer's Stories

"A Chance to Shine: the Honours College Tutor Programme"

Hello, Honours College community!

I am thrilled to share my excitement about the Honours College Tutor Programme with you all. This wonderful initiative provides University of Macau students with invaluable academic and personal guidance. As the Honours College Tutor Programme Committee Chairperson 2022/2023, I am grateful for the opportunity to share my knowledge and insights with you!

The Honours College Tutor Programme is exceptional because it helps students identify their interests and improve their abilities. Our Tutor Programme aims to foster a friendly and supportive environment where students can exchange ideas and provide academic guidance to one another. As the committee's overseer, my responsibility is to manage operations, including recruiting and scheduling tutors who can meet the needs of their tutees. We pair tutors and tutees based on their expertise and expectations, and we expect our tutors to be accessible and enthusiastic about organising workshops for students.

Our success in the Tutor Programme is measured by the exceptional matches we make, and we promote the programme through posters, daily emails, UM e-bulletins and the Honours College website. There are numerous benefits for programme participants, including academic assistance, networking opportunities, and extra CS points for tutors. Moreover, the Tutor Programme fosters a collaborative and dynamic learning environment where students can work in groups and achieve success together.

We believe everyone deserves equal opportunities, so we designed our programme to be inclusive for all. We welcome all individuals to join us, regardless of their background or specific criteria. Our goal is to reach a wider audience and provide excellent assistance to our students. We understand that academic support is crucial, so we recruit tutors internally from Honours College. Our focus is on graduating students, and we encourage HCers in year four and year three to apply as tutors.

Looking towards the future, I hope that the upcoming committee will be enthusiastic about organising workshops that impart crucial skills to students, which are not typically covered in their regular coursework. These could include Excel, IELTS, and programming. This way, they can acquire new abilities that will be incredibly useful in their academic and professional lives.

Leading a Tutor Programme can be challenging, but it is undoubtedly worth it. Therefore, I encourage you all to join us in creating a positive and empowering learning atmosphere that is both engaging and compassionate. Take advantage of this opportunity to expand your social circle and receive exceptional academic and personal support.

Thank you for taking the time to read this, and we look forward to seeing you in the Tutor Programme!



KHOO Wei Heng,
Aymo, Class of 2023

HCer's Stories

"A Journey of Transformation"

**CHONG Man Hou,
Edwin, Class of 2023**



I am Chong Man Hou, Edwin, a fresh graduate of Mathematics. As I embark upon a new chapter in my life, I look back and realize I am overwhelmed with deep appreciation. The University of Macau is indeed a transformative place that profoundly shaped my character.

Upon contemplation of my university experience, I cannot overlook the moment that propelled me into a transformative journey: The Honours College. The atmosphere and people within HC undeniably leave an influence on my horizon. I started trying different things and stepping out of my comfort zone. Rejoining the HCSA election after facing defeat in the previous year is one of the milestones in my college life. Failure, albeit unfavorable, is not inherently catastrophic. The attitude toward failure is the most valuable lesson I have learned from the election.

One thing I regret during my time in HC is the missed opportunity of the exchange program. It's all because of the pandemic. The unforeseen pandemic disrupted my plans but also taught me a valuable lesson. It served as a reminder that nothing is inevitable, all we can do is cherish every moment before us. I have so much to say about college life! Very difficult to condense within the limited space. I am immensely grateful for every individual I encountered throughout my four-year journey. Each person I met holds a unique and irreplaceable role in my college memories.

Wishing you all the brightest future!

CONTACT INFORMATION

Tel: (853) 8822 4974

Fax: (853) 8822 2332

Email: HC.enquiry@um.edu.mo

Address:

**Room G023, G/F Honours College University of Macau,
E12 Avenida da Universidade, Taipa, Macau, China**

Designed by: Mimi, Pui Lam WONG, HC Class of 2026